

A ROAD TRIP CALLED LIFE  
"Choosing Your Side Trips" Pt 4 of 5  
April 24, 2016

LIES THAT KEEP US BUSY

► *There's just not enough time to do everything."*

Circle One:

Never  
Say It

Sometimes  
Say It

Always  
Say It

► *It's just a busy season I'm in right now."*

Circle One:

Never  
Say It

Sometimes  
Say It

Always  
Say It

► *But, this is really important."*

Circle One:

Never  
Say It

Sometimes  
Say It

Always  
Say It

*"As Jesus and His disciples were on their way, He came to a village where a woman named Martha opened her home to Him. She had a sister called Mary, who sat at the Lord's feet listening to what He said. But Martha was distracted by all the preparations that had to be made. She came to Him and asked, 'Lord, don't You care that my sister has left me to do the work by myself? Tell her to help me!' 'Martha, Martha,' the Lord answered, 'you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.'" **Luke 10:38-42 (NIV)***

**A PATTERN OF BUSYNESS...**

**TAKING ACTION...**

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**› Confess**

**›› Name**

**››› Choose**

**To do this I've got to answer...**

1. What's my standard for what is better?
2. Am I making my choices by that standard?
3. What do I need to choose to say "no" to?
  - Today?
  - This week?
  - This month?
  - This year?
  - (The more specific the better)
4. How do I choose to refuel when I'm empty?