

WINNING THE WAR

“God, Please Help Me Change” – Part 5 of 9

February 4, 2024

WHY IS IT SO HARD TO CHANGE MYSELF?

“Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy. So, stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body. And “don’t sin by letting anger control you.” Don’t let the sun go down while you are still angry, for anger gives a foothold to the devil.

Ephesians 4:21-27 (NLT)

PRINCIPLES FOR PERSONAL CHANGE

1. CHANGE REQUIRES learning the _____.

“Since you have heard about Jesus and have learned the truth that comes from Him...” **Ephesians 4:21 (NLT)**

“All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.” **2 Timothy 3:16-17 (NLT)**

2. CHANGE REQUIRES learning to make good _____.

“...throw off your old sinful nature and your former way of life, which is corrupted by lust and deception.” **Ephesians 4:22 (NLT)**

“... Continue to WORK OUT your salvation with fear and trembling, for it is God who WORKS IN you to will and to act in order to fulfill his good purpose.” **Philippians 2:12-13 (NIV)**

3. CHANGE REQUIRES new _____.

“Instead, let the Spirit renew your thoughts and attitudes.”

Ephesians 4:23 (NLT)

Think → Feel → Act

“Let the same attitude and purpose and (humble) mind be in you which was in Christ Jesus.” **Philippians 2:5 (Amp, Classic)**

4. **CHANGE REQUIRES** the _____ .

“Put on your new nature, created to be like God—truly righteous and holy.”

Ephesians 4:24 (NLT)

“As the Spirit of the Lord works within us, we become more and more like Him.” **2 Corinthians 3:18 (LB)**

5. **CHANGE REQUIRES** honest _____ .

“So, stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body.” **Ephesians 4:25 (NLT)**

“By helping each other with your troubles, you truly obey the law of Christ.”

Galatians 6:2 (NCV)

6. **CHANGE REQUIRES** overcoming _____ .

“Don't let the sun go down while you are still angry, for anger gives a foothold to the Devil.” **Ephesians 4:26-27 (NLT)**