## GRACE "Grace For The Perfectionist" – Part 6 of 9 June 9, 2024

"You began your life in Christ by the Spirit. Now are you trying to make it complete by your own power? That is foolish." Galatians 3:3 (NCV)

### Perfectionism:

"Trying to prove my worth by being perfect."

## HOW PERFECTIONISM HARMS

#### • IT DEFEATS MY

"If you wait for perfect conditions, you'll never get anything done."

Ecclesiastes 11:4 (LB)

### • IT DAMAGES MY

"Love forgets mistakes; nagging about them parts the best of friends."

Proverbs 17:9 (LB)

#### IT DESTROYS MY \_\_\_\_\_

"Do not be excessively righteous and do not be overly wise. Why should you ruin yourself?" Ecclesiastes 7:16 (NASB)

### HOW TO R.E.L.A.X. IN GOD'S GRACE

## R\_\_\_\_\_NOBODY IS PERFECT

"Nothing is perfect except Your (God's) Word." Psalm 119:96 (LB)

"There is <u>no one</u> on earth who does what is right all the time and <u>never makes a</u> <u>mistake</u>." Ecclesiastes 7:20 (GNT)

## E \_\_\_\_\_ GOD'S UNCONDITIONAL LOVE

"See how very much our Heavenly Father loves us, for He allows us to be called His children -- think of it -- and we really are!" **1 John 3:1a (LB)** 

"If God is for us, who can be against us?" Romans 8:31b (NIV)

## L\_\_\_\_ GOD HANDLE THE UNCONTROLLABLE

"Cast all your anxiety on Him because He cares for you." 1 Peter 5:7 (NIV)

"A relaxed attitude lengthens a man's life." Proverbs 14:30 (LB)

# A\_\_\_\_ IN FAITH

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"For it is by grace you have been saved, through faith..." Ephesians 2:8a (NIV)

"So then, just as you received Christ Jesus as Lord, continue to live your lives in Him." **Colossians 2:6 (NIV)** 

## \_\_\_ MY PERFECTIONISM FOR GOD'S PEACE

"Are you tired? Worn out? Burned out on religion? Come to Me. Get away with me and you'll recover your life. I'll show you how to take a real rest... <u>Learn the unforced rhythms of grace</u>." Matthew 11:28-29 (MSG)

"Be careful that no one fails to receive God's grace..." Hebrews 12:15a (NCV)