

THE MOST STRESSFUL TIME OF THE YEAR

“Strength From Above” – Part 1 of 5

October 20, 2024

Two Examples of Determination to Keep Going

(JESUS) 'I'm will KEEP ON driving out demons and healing people - today, and tomorrow, and on the third day I'll reach my goal. In any case, I MUST KEEP GOING – today, and tomorrow, and the next day..." **Luke 13:32-33 (NIV '84)**

(PAUL) "We are pressed on every side by troubles, but we're not crushed and broken. We're perplexed, but we don't give up and quit. We're hunted down, but God never abandons us. We get knocked down, but we get up again AND KEEP GOING." **2 Corinthians 4:8-9 (NLT '96)**

FOUR KEYS TO DAILY STRENGTH

1. HONESTLY TELL GOD WHAT I'M _____

"Unload all your burdens on to him, since He is concerned about you."

1 Peter 5:7 (NJB)

- **GOD ALREADY KNOWS EVERY _____ I FEEL**

"The Lord gave us each a mind, and nothing we do can be hidden from him."

Psalms 33:15 (CEV)

- **GOD UNDERSTANDS MY _____ BETTER THAN I DO!**

"...The Lord knows what's in everyone's mind. He understands everything you think." **1 Chronicles 28:9 (NCV)**

- **GOD LOVES TO _____ TO ME**

David: "I love the Lord, because He hears me; He listens to my prayers. He listens to me every time I call to Him." **Psalms 116:1-2 (GN)**

"Morning, noon, and night I cry out in my distress, and the Lord hears my voice." **Psalms 55:17 (NLT)**

"The Lord is like a father to his children, tender and compassionate..."

Psalms 103:13 (NLT)

"Cry out in the night... Pour out your heart like water in prayer to the Lord."

Lamentations 2:19 (NCV)

2. HUMBLY ASK GOD FOR _____ !

"Look to the Lord and his strength." **Psalms 105:4 (NIV)**

"God is the real source of wisdom and strength." **Job 12:13 (CEV)**

"I can lie down and go to sleep, and I'll wake up again, because the Lord gives me strength." **Psalms 3:5 (NCV)**

"When I pray, you answer and encourage me by giving me the strength I need."

Psalm 138:3 (LB)

God told Daniel: "O Daniel, greatly loved of God, listen carefully... Since the first day you began to pray and humble yourself before your God, your request has been heard in heaven." **Daniel 10:11-12 (NLT '96)**

THE ATTITUDE THAT MOVES GOD TO ANSWER: _____

3. GRATEFULLY THANK GOD FOR ALL THAT'S _____ DESPITE ALL THAT'S BAD
"Give thanks IN all circumstances, for this is God's will for you in Christ Jesus."
1 Thessalonians 5:18 (NIV)

*"Job stood up and tore his robe in grief. Then he shaved his head and fell to the ground to worship. He said, 'I came naked from my mother's womb, and I will be naked when I leave. The Lord gave me what I had, and the Lord has taken it away. PRAISE THE NAME OF THE LORD. IN ALL OF THIS, Job did not sin by blaming God." **Job 1:20-22 (NLT)***

Job showed that I can always be grateful:

- That God is loving and cares for me **Job 10:12**
- That God had a detailed plan for my future **Job 23:14**
- That God is in control of what I don't understand **Job 34:13**
- That God will reward me after I'm tested **Job 23:10**

"Here I am in the place of worship, eyes open, drinking in your strength."

Psalm 63:2 (MSG)

4. CONSTANTLY KEEP GOD AS MY _____

*"We must focus on Jesus, the source and goal of our faith. He saw the joy ahead of him, so he endured death on the cross and ignored the disgrace it brought him. Now He holds the honored position (in heaven)." **Hebrews 12:2 (GW)***

*"That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever!... So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever." **2 Corinthians 4:16-18 (NLT)***

*"We are praying that you will be filled with his mighty, glorious strength **SO THAT YOU CAN KEEP GOING** no matter what happens -- always full of the joy of the Lord." **Colossians 1:11 (LB)***

"...We can only keep on going, after all, by the power of God, who first saved us..."
2 Timothy 1:8b-9a (MSG)